



# CYCLING & MOUNTAIN BIKING

VÉLO & VTT | RADFAHREN & MOUNTAINBIKEN | FIETSEN & MOUNTAINBIKEN

visitluxembourg.com

## LUXEMBOURG BY BIKE.

Did you know that Luxembourgers have a passion for cycling? Great champions, like Charly Gaul, nicknamed "Angel of the mountains", stood out in the world's most prestigious races such as the Tour de France and the Giro d'Italia. Even nowadays, their legacy nurtures the passion of Luxembourg's inhabitants for this sport. But the country has more to offer in terms of cycling: 600 km cycle paths, yet another 800 km still to come, 700 km of mountain bike tracks, magnificent varied landscapes, well preserved and abundant nature...

You will find that Luxembourg has something to convince anyone who loves cycling. Throughout the country, the cycle paths are well-marked and mostly in remote locations away from traffic. Furthermore, the network is regularly maintained. You see, there is nothing that stands in the way of a satisfying trip. The only thing left to do is to gear up before you ride out.

## À VELO SUR LES PISTES LUXEMBOURGEOISES.

Saviez-vous que les luxembourgeois sont des passionnés de cyclisme? D'ailleurs, de grands champions, à l'image du célèbre Charly Gaul surnommé «l'ange de la montagne», ont à différentes époques brillé sur les podiums des courses les plus prestigieuses comme le Tour de France ou encore le Giro d'Italie. Si ces grands coureurs continuent d'alimenter la ferveur des habitants pour cette activité sportive, le Luxembourg présente beaucoup d'autres arguments pour convaincre chaque année de nombreux cyclotouristes: 600 km de pistes cyclables, 1400 dans les années à venir, 700 km de parcours VTT, des paysages variés et magnifiques, une nature préservée et abondante...

De quoi donner l'envie à n'importe quel amoureux des escapades au grand air d'enfourcher son vélo pour une virée luxembourgeoise. Au Luxembourg, les parcours cyclables sont bien balisés et la majorité est à l'écart de la circulation automobile. De plus, le réseau profite d'un entretien régulier. Toutes les conditions sont réunies pour que votre escapade ne soit que pur plaisir, alors il ne vous reste plus qu'à bien vous équiper avant de démarrer.

## MIT DEM FAHRRAD AUF LUXEMBURGS WEGEN.

Wussten Sie, dass die Luxemburger begeisterte Radfahrer sind? Große Talente wie Charly Gaul, „der Engel der Berge“, haben über Jahrzehnte hinweg die legendärsten Rennen der Welt, wie die Tour de France oder den Giro d'Italia geprägt. Auch wenn ihre Taten heute noch die Leidenschaft der Einwohner für den Radsport anspornen, hat Luxemburg weitaus mehr zu bieten, um die Radtouristen zufrieden zu stellen: 600 km Radwege, 1400 werden es in den nächsten Jahren sein, 700 km Mountainbikewege, verschiedene atemberaubende Landschaften, eine vielfältige Natur...

Es gibt viele Argumente, um die Radliebhaber davon zu überzeugen, eine Tour auf den luxemburgischen Wegen zu unternehmen. Die Radwege in Luxemburg sind sehr gut beschildert und liegen größtenteils abseits vom Straßenverkehr. Auch werden sie regelmäßig instand gesetzt. Einem Ausflug an der frischen Luft steht nichts im Wege. Gut ausgerüstet kann es also losgehen!

## MET DE FIETS OP DE LUXEMBURGSE WEGEN.

Wist u dat Luxemburgers over fietsen gepassioneerd zijn? Bovendien, grote kampioenen, zoals de beroemde Charly Gaul bijgenaamd "de Engel van de bergen", hebben op verschillende periodes op podiums geschreven voor de meest prestigieuze wedstrijden zoals de Tour de France en de Ronde van Italië. Ook als deze grote fietsers de vurigheid van de bewoners voor die sport blijven opdrijven, heeft Luxemburg vele andere argumenten om elk jaar veel fietstoeristen te overtuigen: 600 km fietspaden, 1400 in de komende jaren, 700 km MTB routes, prachtige en gevarieerde landschappen, ongerepte en overvloedige natuur...

Wat zin geeft aan iedere liefhebber van escapades in buitenlucht om op zijn fiets te klimmen en voor een toer in Luxemburg. In Luxemburg worden fietspaden goed aangegeven en de meerderheid zit afgelegen van het autoverkeer. Bovendien, geniet het netwerk van een regelmatige onderhoud. Alle voorwaarden zijn er om ervoor te zorgen dat uw escapade puur plezier wordt, wel, dan moet u u nog alleen klaarmaken voordat u begint.

## LUXEMBOURG FOR TOURISM

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## 23 CYCLE PATHS

Luxembourg's national network consists of 23 well maintained cycle paths mostly away from traffic. On more than 600 km of lanes you can easily explore several different regions of the Grand Duchy of Luxembourg. [www.pistescyclables.lu](http://www.pistescyclables.lu)



|  |        |
|--|--------|
| <b>PC 1 DU CENTRE</b><br>LUXEMBOURG-CITY   | 43 KM  |
| <b>PC 2 ECHTERNACH</b><br>FROM LUXEMBOURG TO ECHTERNACH                                | 44 KM  |
| <b>PC 3 DES TROIS RIVIÈRES</b><br>ALONG THE MOSELLE, THE SÛRE AND THE OUR              | 89 KM  |
| <b>PC 4 DE LA SYRE</b><br>LINK BETWEEN PC 2 AT ERNSTER AND PC 3 AT MERTERT             | 20 KM* |
| <b>PC 5 DE L'ERNZ BLANCHE</b><br>LINK BETWEEN PC 2 AT JUNGLINSTER AND PC 3 AT REISDORF | 10 KM* |
| <b>PC 6 PISTE DES TROIS CANTONS</b><br>FROM PÉTANGE TO REMERSCHEN                      | 54 KM* |
| <b>PC 7 "JANGELI"</b><br>FROM REMICH TO MONDORF  | 12 KM* |
| <b>PC 8 DE LA TERRE ROUGE</b><br>FROM PÉTANGE TO BETTEMBOURG                           | 20 KM* |
| <b>PC 9 FAUBOURG MINIER</b><br>FROM SANEM TO LEUDELANGE                                | 15 KM* |
| <b>PC 10 FRANÇOIS FABER:</b><br>FROM LEUDELANGE TO FENNANGE                            | 9 KM*  |
| <b>PC 11 CHARLY GAUL</b><br>FROM ASPÉLT TO HESPERANGE                                  | 0 KM** |
| <b>PC 12 DE L'ATTERT</b><br>FROM PÉTANGE TO CÔLMAR-BERG                                | 57 KM  |
| <b>PC 13 NICOLAS FRANTZ</b><br>FROM KAHLER TO STRASSEN                                 | 12 KM  |
| <b>PC 14 EISCH-MAMER</b><br>FROM MAMER TO MERSCH                                       | 5 KM*  |
| <b>PC 15 DE L'ALZETTE</b><br>FROM BÉRELDANGE TO ETTTELBRUCK                            | 31 KM  |
| <b>PC 16 DE LA MOYENNE SÛRE</b><br>FROM KAUTENBACH TO REISDORF                         | 32 KM* |
| <b>PC 17 DE L'OUEST</b><br>FROM NOERDANGE TO WINSELER                                  | 23 KM  |
| <b>PC 18 DES ARDOISIÈRES</b><br>FROM KOETSCHETTE TO MARTELANGE                         | 12 KM  |
| <b>PC 19 DU LAC DE LA HAUTE-SÛRE</b><br>FROM BAVIGNE TO LIEFRANGE-PLAGE                | 0 KM** |

|  |        |
|--|--------|
| <b>PC 20 DE LA WILTZ</b><br>FROM KAUTENBACH TO BENONCHAMPS (B) | 18 KM* |
| <b>PC 21 DU NORD</b><br>FROM KAUTENBACH TO SCHMETT             | 17 KM* |
| <b>PC 22 DES ARDENNES</b><br>FROM BETTEL TO LELLINGEN          | 23 KM  |
| <b>PC 23 "BENNY"</b><br>FROM BLEESBRUCK TO FOUHREN             | 3 KM*  |

\* finished section in km \*\* planned

## 700 KM OF MOUNTAIN BIKE TRACKS

Mountain biking is an exciting way to discover the nature of a country. Luxembourg's 700 km of special mountain bike tracks will enable you to do just that.



| ÉISLEK (LUXEMBOURG'S ARDENNES) AND ITS NATURE PARKS |         | Easy | Hard |
|---|---------|------|------|
| <b>1 WEISWAMPACH-TROISVIERGES</b>                   | 25 KM   | 🚲🚲🚲🚲 |      |
| <b>2 LIELER</b>                                     | 12 KM   | 🚲🚲🚲🚲 |      |
| <b>3 CLERVAUX</b>                                   | 25 KM   | 🚲🚲🚲🚲 |      |
| <b>4 HOSINGEN-LELLINGEN</b>                         | 24,5 KM | 🚲🚲🚲🚲 |      |
| <b>5 HOSINGEN</b>                                   | 12,5 KM | 🚲🚲🚲🚲 |      |
| <b>6 WINSELER</b>                                   | 19 KM   | 🚲🚲🚲🚲 |      |
| <b>7 WILTZ 1</b>                                    | 25 KM   | 🚲🚲🚲🚲 |      |
| <b>8. WILTZ 2</b>                                   | 11 KM   | 🚲🚲🚲🚲 |      |
| <b>9. HOSCHIED</b>                                  | 25 KM   | 🚲🚲🚲🚲 |      |
| <b>10. GOESDORF</b>                                 | 36 KM   | 🚲🚲🚲🚲 |      |
| <b>11. VIANDEN</b>                                  | 22 KM   | 🚲🚲🚲🚲 |      |
| <b>12. BAVIGNE-BOULAIDE</b>                         | 36 KM   | 🚲🚲🚲🚲 |      |
| <b>13. ERPELDANGE</b>                               | 21 KM   | 🚲🚲🚲🚲 |      |
| <b>14. INGELDORF-ETTTELBRUCK</b>                    | 20 KM   | 🚲🚲🚲🚲 |      |
| <b>15. RAMBROUCH</b>                                | 37 KM   | 🚲🚲🚲🚲 |      |
| <b>THE MOSELLE</b>                                  |         |      |      |
| <b>16. MANTERNACH</b>                               | 17,5 KM | 🚲🚲🚲🚲 |      |

|                         |         |      |
|-------------------------|---------|------|
| <b>17. GREVENMACHER</b> | 14,5 KM | 🚲🚲🚲🚲 |
| <b>18. GREIVELDANGE</b> | 22 KM   | 🚲🚲🚲🚲 |
| <b>19. WORMELDANGE</b>  | 24,5 KM | 🚲🚲🚲🚲 |
| <b>20. DALHEIM</b>      | 22,5 KM | 🚲🚲🚲🚲 |

## MULLERTHAL REGION - LUXEMBOURG'S LITTLE SWITZERLAND

|                             |         |      |
|-----------------------------|---------|------|
| <b>21. BECH</b>             | 13 KM   | 🚲🚲🚲🚲 |
| <b>22. LAROCLETTE</b>       | 26,5 KM | 🚲🚲🚲🚲 |
| <b>23. ECHTERNACH</b>       | 23 KM   | 🚲🚲🚲🚲 |
| <b>24. BEAUFORT-BERDORF</b> | 39 KM   | 🚲🚲🚲🚲 |

## GUTTLAND REGION

|                                |                      |      |
|--------------------------------|----------------------|------|
| <b>25. BECKERICH HOUBIERG</b>  | 5 KM                 | 🚲🚲🚲🚲 |
| <b>26. BECKERICH TUNNEL</b>    | 5 KM                 | 🚲🚲🚲🚲 |
| <b>27. BECKERICH</b>           | 12 KM                | 🚲🚲🚲🚲 |
| <b>28. BECKERICH</b>           | 18 KM                | 🚲🚲🚲🚲 |
| <b>29. BETTENDORF-REISDORF</b> | 21,5 KM              | 🚲🚲🚲🚲 |
| <b>30. SAEUL</b>               | 9 KM / 19 KM / 28 KM | 🚲🚲🚲🚲 |
| <b>31. PRÉZERDAUL</b>          | 33 KM                | 🚲🚲🚲🚲 |
| <b>32. WEILER-LA-TOUR</b>      | 21 KM                | 🚲🚲🚲🚲 |

## THE LAND OF THE RED ROCKS

|   |         |      |
|---|---------|------|
| <b>29. REDROCK MOUNTAIN BIKE TRAIL "HAARD - BLACK"</b>                | 27,6 KM | 🚲🚲🚲🚲 |
| <b>30. REDROCK MOUNTAIN BIKE TRAIL "HAARD - RED"</b>                  | 27,4 KM | 🚲🚲🚲🚲 |
| <b>31. REDROCK MOUNTAIN BIKE TRAIL "ELLERGRONN"</b>                   | 28,7 KM | 🚲🚲🚲🚲 |
| <b>32. REDROCK MOUNTAIN BIKE TRAIL "BELVAUX"</b>                      | 2,6 KM  | 🚲🚲🚲🚲 |
| <b>33. REDROCK MOUNTAIN BIKE TRAIL "LALLENGERBIERG - GAALGEBIERG"</b> | 36,5 KM | 🚲🚲🚲🚲 |
| <b>34. REDROCK MOUNTAIN BIKE TRAIL "BELVAUX-DIFFERDANGE"</b>          | 28,1 KM | 🚲🚲🚲🚲 |

## International routes

Several cross border cycle paths will lead you through Luxembourg and its Greater Region:  
- The "VeloRoute SaarLorLux" connects Saarbrücken, Metz and Trier and passes through Luxembourg for 110 km.  
- The "Vennbahn" follows an old railway track from Aachen, Germany through Belgium to Luxembourg. [www.vennbahn.eu](http://www.vennbahn.eu)  
- The "EuroVelo 5" connects London to Brindisi in Italy and crosses Luxembourg for 107 km.

## Thematic routes

On a local scale, the tourist offices and municipal administrations offer thematic circuits. Feel free to visit them and ask for more information at your arrival.

## Discover the City of Luxembourg by bike

In Luxembourg, there are many ways to cycle, even in the city. It might just be the alternative you sought for visiting the capital. Due to its several bicycle lanes and the "Vel'oh" bike rental system, Luxembourg is easy to discover by bike.

[www.lcto.lu](http://www.lcto.lu) / [www.veloh.lu](http://www.veloh.lu)



You may as well want to discover the thriving city of Esch-sur-Alzette by the local bike rental system Vel'OK.

[www.velok.lu](http://www.velok.lu)



## PRACTICAL INFORMATION

bed+bike:  
We welcome you  
and your bicycle!



There are currently 91 accommodations in Luxembourg labelled bed+bike for their adapted special service for cyclists. Find more information on [www.bedandbike.lu](http://www.bedandbike.lu)

## Guided tours

Upon reservation and depending on the season, the LVI, Velosophie, the regional tourist offices and the youth hostels offer guided bicycle and mountain bike tours.

[www.lvi.lu](http://www.lvi.lu) / [www.velosophie.lu](http://www.velosophie.lu) / [www.youthhostels.lu](http://www.youthhostels.lu)  
[www.ardennes-lux.lu](http://www.ardennes-lux.lu) / [www.mullerthal.lu](http://www.mullerthal.lu)  
[www.visitmoselle.lu](http://www.visitmoselle.lu) / [www.redrock.lu/](http://www.redrock.lu/)

## Rent a bike!

Numerous camp sites, hotels and shops in the area of cycle paths offer bike rentals. Beside these private institutions, Luxembourg has three biking parks: Rentabike miselerland, Rentabike Dikrich and Rentabike millerdall. Get more details on [www.visitluxembourg.com](http://www.visitluxembourg.com)



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LUXEMBOURG

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## Special offers

Hotels, campsites, holiday cottages, youth hostels and guesthouses. Check out the "Special Offers" section of our site [www.visitluxembourg.com](http://www.visitluxembourg.com) to find the best deals for cyclists.

## Download your maps from Geoportail

When you are planning your next bike tour, visit <http://tourisme.geoportail.lu> to download and print detailed maps of the paths of your interest. A mobile app for smartphones allows you to have your maps close at hand.

Mobile app available for Android and iOS from [www.geoportail.lu](http://www.geoportail.lu)

## Biking without luggage

In the high season, our partners offer bike tours with an optional luggage transfer service, every day for the entire length of your tour.

Ask the Luxembourg Youth Hostel Association or individual accommodation providers of the Ardennes Region or any other region about their various cycling offers.

[www.youthhostels.lu](http://www.youthhostels.lu) / [www.visitluxembourg.com](http://www.visitluxembourg.com)  
[www.ardennes-hotels.lu](http://www.ardennes-hotels.lu)



The "Luxembourg by cycle" map shows you the way! Available in book stores and with the LVI for the price of 7€, shipping included.

## THE NEXT STOP: NATURE



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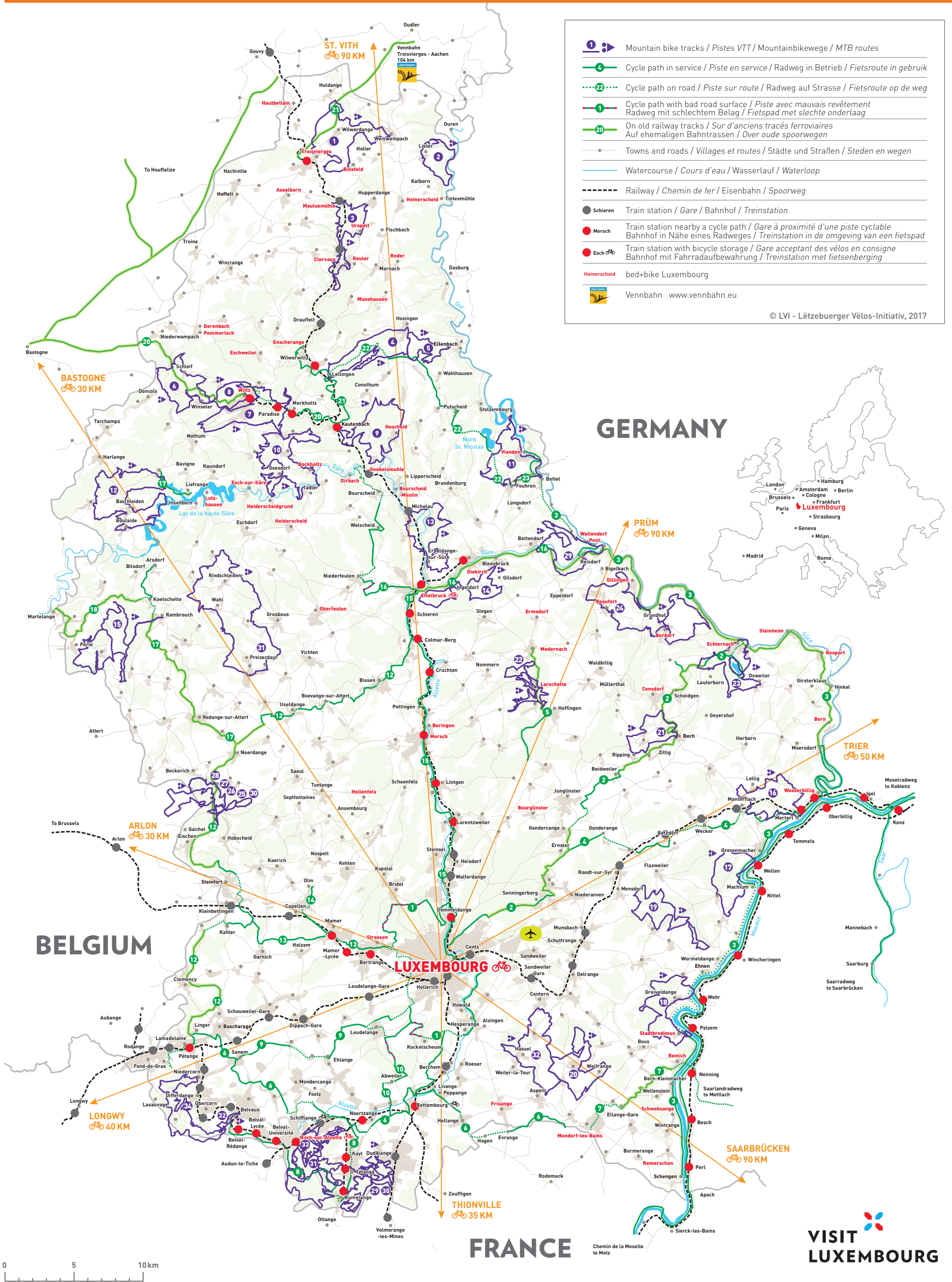
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# SPORT & LEISURE CYCLING & MOUNTAIN BIKING

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|  |  |
|--|--|
|  | Mountain bike tracks / Pistes VTT / Mountainbikewege / MTB routes  |
|  | Cycle path in service / Piste en service / Radweg in Betrieb / Fietsroute in gebruik   |
|  | Cycle path on road / Piste sur route / Radweg auf Strasse / Fietsroute op de weg   |
|  | Cycle path with bad road surface / Piste avec mauvais revêtement / Radweg mit schlechtem Belag / Fietspad met slechte onderlaag                                    |
|  | On old railway tracks / Sur d'anciens tracés ferroviaires / Auf ehemaligen Bahntrassen / Over oude spoorwegen  |
|  | Towns and roads / Villages et routes / Städte und Straßen / Steden en wegen  |
|  | Watercourse / Cours d'eau / Wasserlauf / Waterloop   |
|  | Railway / Chemin de fer / Eisenbahn / Spoorweg   |
|  | Schieren / Train station / Gare / Bahnhof / Treinstation   |
|  | Mersch / Train station nearby a cycle path / Gare à proximité d'une piste cyclable / Bahnhof in Nähe eines Radweges / Treinstation in de omgeving van een fietspad |
|  | Esch / Train station with bicycle storage / Gare acceptant des vélos en consigne / Bahnhof mit Fahrradaufbewahrung / Treinstation met fietsenberging               |
|  | Heinerscheid / bed+bike Luxembourg   |
|  | Vennbahn <a href="http://www.vennbahn.eu">www.vennbahn.eu</a>  |

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